

4. Training and Development

Dr. Monika Sethi Sharma

Dean-Commerce and Management,
Kalinga University, Raipur.

Abstract:

Training and development is an essential role of the ever-changing and fast-paced business world. Most organizations place training and development at the bottom of their priority list. It is also at the insistence of the human resources department that it is coordinated. Organizing adequate preparation and learning sessions for staff, on the other hand, has tremendous benefits. We say to train is expensive not to train is more expensive. Employee growth and preparation is the practice of spending time, energy, and money strategically in the advancement of business employees. Employee training and development is, first and foremost, about learning and upgrading self. Job preparation has never been more critical in today's ever-changing marketplace. Workforce planning is a must if you want to keep the company competitive. Employees are individual, and the majority of them would have flaws or gaps in their technical abilities. Furthermore, the majority of professionals are experts in every way. Much of what happens in the company is unlikely to be covered by each employee's preparation. Having a high-quality and robust career training-learning program allows you to improve the staff's expertise while still filling in experience gaps. Continuous workforce training allows one person to take up where another left off, getting everyone on the same page without the need for continuous support and monitoring. The value of employee preparation to a business should never be underestimated. Continuous workforce training allows one person to take up where another left off, getting everyone on the same page without the need for continuous support and monitoring. Hence, the value of employee preparation to a business should never be underestimated. Only highly skilled employees and exceptional leadership will propel a company to prosperity. As a result, maintaining those capabilities is critical for any company with long-term success. Efficiency and competency can only be achieved by ongoing training and development, which necessitates meticulous planning and execution.

4.1 Training and Development Introduction:

Training and growth refer to organizations' formal, continuous attempts to enhance their workers' success and self-fulfillment through a combination of instructional approaches and programs. These efforts have become increasingly important in the new workplace. From training in very specialized work skills through long-term career advancement, the technology has been applied to various applications. In recent years, training and learning have become a recognized discipline with distinct philosophies and methodologies and a systematic business function, and an essential component of the policy. As a way of fostering job advancement and acquiring a highly trained workforce, an increasing number of businesses of all sizes have adopted "continual learning" and other forms of training and development. Employee quality and continuous preparation to develop their skills and competitiveness are now generally accepted as critical factors in maintaining the long-term sustainability and viability of small business corporations.

In Workforce, Charlene Marmer Solomon advised, "Create an organizational culture that encourages continuous learning." Employees now must have access to a variety of forms of preparation in order to stay current. You lose ground if you do not consciously fight the momentum of talent deficiency. If the employees remain immobile, your company will lose its competitive edge.

4.2 Concept of Training and Development:

It is about empowering workers as individuals to help them become more capable and secure in their work and, thereby, in their lives. As a result, it is a well-organized mechanism for increasing employee awareness and abilities. As a result, it is a procedure aimed at altering the situation—actions so that the outcome is beneficial to the organization's upliftment. According to Wayne F Cascio, training is a programmed curriculum intended to increase individual, group, and organizational success.

Improved success means that observable improvements in awareness, talents, behavior and social actions have occurred. Training is seen as a mechanism for human resource growth. Training has enormous potential in the transition and application of cutting-edge technological knowledge, leadership growth, people organization, and creation of self-help organizations, mobilization of people and money, empowerment of resource-poor rural populations, entrepreneurship development, and other areas that are called critical components of HRD. Person development and making people feel more positive and knowledgeable in their lives and careers are training goals. The learning process is central to teaching, and there are many different avenues and chances to practice.

4.3 Philosophy of Training and Development:

According to S Chandra, the organization's management claims that human properties, unlike other assets, cannot be depreciated and must be valued during their lifetime. As a result, schooling is seen as an expense rather than a cost. Furthermore, qualitative benefits over time, such as a change in perspective, should be valuable returns. Training is seen as a means of facilitating efficient collaboration and teamwork. In every man-management matrix, training is catalytic for cohesiveness, compatibility, and teamwork in any organizational endeavor. Management declares that Training & Development is a constant aspect of the organizational phase, not a one-off experiment. Management is actively committed to providing complete assistance for training tasks and is deeply involved in each step of this operation.

4.4 Need for Training and Development:

A training and development requirement occurs when there is a difference between an individual's current performance and group of employees and the expected performance, as Price has noted. Increasing market success is a process, not a destination. The ups and downs in job results determine the success of company activities. Training programs were created several years ago, but they have become a critical element in organizations with specific goals. Training and growth procedures should be followed. Employees' talents, knowledge, and abilities should be developed in order to improve results.

The main goal in training is to develop the right skills and capabilities in the labor force to fulfill the employers' expectations, wants, and anticipated returns. The need for training will emerge for a variety of reasons, including the following:

- To improve the efficiency of employees
- To reduce wastage of time and money
- To have quality output
- To bring down supervision
- To have preventive maintenance
- To achieve optimum performance
- To boost the morale of employees
- To prepare the workforce for future challenging work
- To reduce absenteeism
- To bring down the grievances
- To build a career by personal growth

4.5 Principles of Training and Development:

Training is a never-ending process. It takes a lot of effort and money. As a result, a training curriculum must be planned after careful thought. A training program should be prepared in light of the organization's requirements and the trainees. Training is a continuous operation. It is never-ending. It is an investment of time and money to train people, so a proper training program should be prepared. The training policy would support both the employees and the organization. Principle of Clear Objectives- The goals and rationale for the training program should be obvious. A review of organizational expectations and current staffing capabilities would aid in determining the basic training needs of staff to develop a set of performance standards.

- **Principle of Training Policy:** A well-defined training policy acts as a roadmap for developing and executing a training program. This form of strategy should determine who is in charge of training and how much money can be invested.
- **Period of Learning Period:** Learning time and instruction in parts are preferable to learning all at once. The trainee will learn and improve by doing several brief sessions spaced out over a long period.
- **Principle of Reinforcement:** When a behavior is rewarded regularly, it becomes ingrained in one's personality. Where there is motivation in the form of incentives and penalties, learning is more successful. Trainers should be invited to engage, discuss, and learn about desirable behavior patterns.
- **Principle of Motivation:** Employees are usually the most receptive to educational programs. When they have a strong desire to think. As a result, training must be tailored to the trainees' needs and problems and their abilities and aptitudes. The information given in training and the training materials should be helpful too.
- **Principle of Organized Material:** The training materials must be well-organized. A detailed description of the whole curriculum can be circulated in advance so that trainees may plan before arriving. The teaching section should schedule training material in consultation with or with the assistance of the supervisors.

- **Principle of Feedback:** Trainers should be informed of how well they have learned and how well they are doing. Positive, timely, and appropriate input is needed.

4.6 Types of Training and Development:

Training strategies can be classified into two groups, according to Bernardin and Russell: Informative or transmittal methods are the most common. They mostly use one-way contact, in which information is passed on to the students. Lecture, audiovisual, independent analysis, and programmed orders are some of the most common approaches. Experiential learning methods: The learner engages with the teacher, a computer/simulator, or other trainees to exercise skills. On-the-job teaching, computer-based training, simulation, simulations, scenario analysis, role-playing action modeling, and sensitivity training are common approaches. Training approaches are techniques that are used to try to build a learning environment for learners. These techniques are linked to the learners' learning goals. Methods are the tools that people use to explore what is required of them to understand their tasks and the organization's activities. Methods are based on three main components of teaching objectives: knowledge, skills, and attitude. In certain instances of training, experience may be imparted solely by the dissemination of learning. In some ways, it could be the acquisition of social and technological skills, while in others, it could be an effort to improve the participants' attitudes. These elements can appear in various forms in some programs. The number of degrees Awareness could focus on one, knowledge plus capability growth in another, and these two plus an attitudinal shift in yet another. Before deciding on a program's procedures, it is essential to consider the curriculum that will be offered, the learning that will occur, and the training goals. Choosing suitable approaches becomes easier if the substance of the modules is transparent.

The following is a quick rundown of popular training approaches.

- **Orientation:** The importance of orientation preparation in ensuring the productivity of recruits cannot be overstated. Newcomers should obtain details on the organization's background and strategic role, the key individuals in authority at the company, the nature of their department and how it relates to the company's task, and the company's workplace practices, laws, and regulations, whether by an employee handbook, a presentation, or a one-on-one meeting with a boss.
- **Lectures:** Lectures are a linguistic way of transmitting information that is especially helpful when the intention is to convey the same information to a broad group of people at the same time. Lectures are one of the most cost-effective teaching strategies because they remove the need for individual training. However, there are certain disadvantages to the lecture process. Since lectures are predominantly one-way conversations, they may not be the most engaging or efficient form of teaching. Furthermore, in a broad community, it can be difficult for the teacher to determine the extent of interpretation of the subject.
- **Case Study:** The case method is a non-directed analysis method in which students are given real-life case reports to interpret. A detailed overview of a virtual or real-life scenario is included in the case study. Students will be motivated to think differently rather than on teacher guidance by evaluating questions outlined in the case study and proposing alternative solutions.

An open dialogue with a community should be used to complement independent case reviews. The case method's most significant advantage is that it uses real-life scenarios.

- **Role-Playing:** Students take on a position that is not their own and act it out in a community environment. A facilitator establishes a situation where the members can play out under the facilitator's supervision. Although the case is staged, the interpersonal relationships are genuine. Participants will get direct input from the facilitator and the situation itself, helping them to interpret their actions better. This is a cost-effective teaching approach that is often used in marketing and management training.
- **Stimulations:** Structured competitions and operating models that mimic real-life situations are what games and simulations are. The advantages of games and simulations include improved problem-solving and decision-making capabilities, a better understanding of the overall organization, the opportunity to research real-world challenges, and the ability to pique students' attention.
- **Web-Based Training:** This kind of WBT has been made possible by the rapidly growing number of organizations with high-speed Internet connectivity. WBT is open to any organization with Internet access, and the training content is provided on a Web page that any Internet browser can access. When it comes to WBT, the words "online classes" and "web-based teaching" are often interchanged.
- **Audiovisual Training:** Television, documentaries, and videotapes are also examples of audiovisual teaching techniques. They can be used to introduce workers to "real life" scenarios in a time and cost-effective way, similar to case studies, role-playing, and simulations.
- **Apprenticeships and Internships:** Apprenticeships are a type of on-the-job preparation in which a trainee trains for a set period alongside a more seasoned employee to learn a set of similar skills that will ultimately qualify the trainee to perform a new job or role. Apprenticeships are sometimes seen in manufacturing employment. Internships are a form of apprenticeship that incorporates on-the-job preparation with classroom learning under the supervision of a more seasoned employee.

4.7 Training and Development Cycle:

The training cycle is often represented as a loop. This illustration depicts a method of continual change, both in teaching methods and learner professional advancement. Job expectations change over time, and teaching systems adapt in tandem with technological advancements and organizational needs. There is never a day when a professional's knowledge base ceases to expand—there is still something new to discover and opportunities to change. No teaching institution is stagnant, either improvement prospects abound based on what has been gained from previous training and the changing career. The teaching cycle depicts how this performance development takes place.

- Identify learning needs and specify learning outcomes- Organizational and individual learning needs are identified using a structured approach, which is then defined in terms of a collection of learning objectives that explain what learners should achieve during training.
- Determine a learning solution- Based on relevant requirements, a learning solution or training modality (e.g., classroom workshop, online learning, or on-the-job training) is selected, and a roadmap for applying the solution is developed.

- Design and develop learning activities and resources- based on the desired learning outcomes and proven learning philosophy, the design of learning exercises and tools is justifiable. The work experience is guided by the learning experiences chosen, which should require instruction in authentic assignments that reflect what must be achieved on the job.
- Deliver training and manage learning experience- Classroom and distance-learning courses are offered in an atmosphere that encourages long-term learning and provides adequate instruction and encouragement. This ensures that active and interactive learning exercises are carried out with plenty of chances for rehearsal and input. Learning is made more accessible with the help of technology, and delays are kept to a minimum.
- Assess learning and evaluate the learning process- Learners are tested against the desired learning results, with formative evaluation used through teaching to allow learners and teachers to change the learning environment and summative assessment used at the end to certify that learning took place to provide evidence for potential changes.
- Analyze the organizational context and manage the training processes- This aspect is a continuous mechanism that ensures that training programs fulfill the needs of clients and that training is performed following existing procedures. Education strategies, procedures, and systems are formulated and monitored for success in the context of the enterprise, which includes both internal and external considerations.

a. Virtual Training at Pandemic, post 2020:

When employees and coaches are in various physical environments, immersive training occurs in a virtual or simulated world. While virtual training platforms also have more versatile learning opportunities and can be more cost-effective for businesses, there are a few drawbacks to virtual training that you should remember before introducing.

b. Virtual Training Benefits:

Unfortunately, several companies have entirely shut down as a result of the situation. Many companies, though, are still accessible and operating, but differently. While most instructor-led instruction is likely to be discontinued, immersive training enables a company or agency to extend its training activities. Digital training is also being used as the "go-to" approach for recruit induction, technological and interpersonal skills classes, helping workers to continue to be productive in their progress. Since companies are running in new ways, phased shifts and non-traditional working hours may be necessary. Virtual training allows a company greater independence and versatility in scheduling training at different periods. Virtual preparation would not have to take place between the hours of 9:00 a.m. and 5:00 p.m. Digital preparation can be planned and performed 24 hours a day with proper preparation. This is particularly useful for workers working a non-traditional schedule temporarily or for a geographically dispersed workforce across the world. During this turmoil of 2020 a new buzzword has emerged: "social distancing, "internal distancing" is a phrase used to describe such measures performed by public health authorities in order to prevent or slow the transmission of a highly infectious illness.

Most workers are now required to telework in order to maintain a sense of separation. Since workers work from home, virtual preparation is an excellent learning experience. Many individuals are now trapped in their households as a result of psychological distancing. Many of the world's employees went from busy workplace settings to living in their spare bedrooms in what felt like an instant. Many individuals are suffering from the repercussions of living without coworkers, lunch mates, or social networks. Workers can find virtual training to be the ideal way to remain linked. An audio bridge and a web camera are standard features on most interactive training platforms. When studying, employees can converse and see each other.

c. Virtual Training Problems:

Digital interactions became suddenly important and essential for employees' career paths from Pandemic. The employees may find the virtual worlds working so hard to build and endorse frustrating or meaningless, and they will not participate in virtual training.

We need to prefabricated virtual training modules, or curate virtual learning material for employees, make sure it aligns with company's culture and brand. Though employees can access filmed interactive training modules whenever and wherever they choose, they cannot always ask their instructors in-the-moment questions and get immediate responses to help them better understand the material in front of them. Employees must follow the simulated training sessions precisely as they are written and complete each learning task without fail. As a result, learners can only have a rudimentary knowledge of the various materials and content covered in immersive training environments.

Employees may begin to feel alone in their learning environment if there is no involved and interactive online community inside simulated training environments where they can ask one another or their teacher's questions on a real-time and ongoing basis. Any employees may become disengaged from what they are learning due to this, and they may only have a vague understanding of the learning content they are encountering.

Digital learning environments and systems, by their very existence, are susceptible to technical problems such as stability, network, and bandwidth issues.

4.8 Effective Training and Development in New Normal:

Since well before our current crisis of 2020, companies were trying to shift from traditional approaches to training and developing their people. The early 21st Century fantasy of "all-online digital learning" came up but not played out well, especially since some of the most important management competencies are best taught and learned in-person. "The soft stuff," it turns out, is actually the hard stuff, and managers seeking to develop interpersonal skills, emotional intelligence, and the ability to engage and influence others aren't going to improve much via an on-line module. That said, 2020's entirely unexpected change of course is forcing all of us to rethink how we can develop and train our people and create and strengthen organizational capabilities and culture when we simply cannot get together in person. Managers must coach more and HR and training departments have to get more creative in their programming.

Simply putting people-development on pause until we “get back to normal” is not an option, because we’re not going “back to normal” anytime soon, if ever. When companies struggle with transition, there is a distinct move away from organized, well-planned corporate learning and more agile tactical learning. An active learning focus on how work is done, which is needed in these difficult times. Employees must be informed of these developments, which ensure learning must be delivered at the level of market demand.

More companies will seek out good learning partners, L&D teams with instructional solid design expertise, and SMEs to help them get their learning, training and development activities to their staff and channel partners. Much organizational experience was contained in instruction manuals and books before the pandemic. For companies that did not invest in digital transformation, all of this information becomes unavailable overnight. Seeing a subject-matter specialist lead learners into classroom instruction was neither possible nor desirable. Therefore, it was impossible to approach a coworker, as most of us did when we needed immediate assistance with our duties at work. It looked as if executive preparation had been tucked away all of a sudden. After that many organizations are working in direction of converting their classroom instruction to eLearning or simulated instructor-led training, and many more are planned to do so in the future.

We had companies interested in creating mobile-compatible business training "before" the pandemic. Few companies did invest in mobile learning and offer training where it was needed, but they were few and far between. Mobile-friendly learning was promoted mainly as a way for students to continue their studies at their own pace. There is a big challenge ahead for organizations that have not progressed on providing mobile-compatible learning opportunities. It is anticipated that a greater emphasis on mobile-first architecture in online training, and eLearning developers can expect to create more native mobile learning interfaces with features like scrolling, pinch-to-zoom, and swiping.

Rapid eLearning authoring tools are improving all the time, with the majority allowing for easy, fast, and collaborative authoring. Organizations now want to keep it straightforward and low-cost rather than waiting months to plan those dazzling eLearning courses. Rapid eLearning accomplishes this without sacrificing instructional architecture. Employees can have to take control of their business learning environments in the post-pandemic environment. However, they must be able to view the information at their leisure. Learners enjoy bite-sized content to quickly internalize and implement in their next conference call or conversation with a client regarding organizational learning programs. People have been exhausted and stressed as a result of the pandemic. Furthermore, sitting in front of a computer for hours on end for preparation is not something they want to do. They can, however, be more open to learning in the form of micro learning nuggets.

4.9 Conclusion:

The unimaginable challenges of 2020 have made business-as-usual difficult if not impossible in almost every sector in India. The organizations that are creative and tenacious on focusing on what they can do, rather than what they can’t do, to maintain momentum, growth, and the engagement of their people and their customers will be the ones who survive and eventually thrive.

Online Training and development assist organizations in retaining their most valuable human capital, especially those with extensive organizational expertise. Workers and companies will prosper in the long run if organizations are worthy of supporting their employees in fulfilling their needs. It is also essential for businesses to measure the effectiveness of their executive training and growth programs regularly.

4.10 References:

1. Chanana, N., & Sangeeta. (2020). Employee engagement practices during COVID-19 lockdown. *Journal of Public Affairs*.
2. Dr. R. Hemanalini, D. (2012). Analysis of Impact of Training and Development on Employees Performance at Life Insurance Company. *International Journal of Scientific Research*.
3. Kaur, J. (2016). Impact of Training and Development Programmes on the Productivity of Employees in the Banks. *Journal of Strategic Human Resource Management*.
4. Rajan, D. (2019). Employee Turnover and Organization Performance: A Comparative Study. *Training & Development Journal*, 10(2), 102.